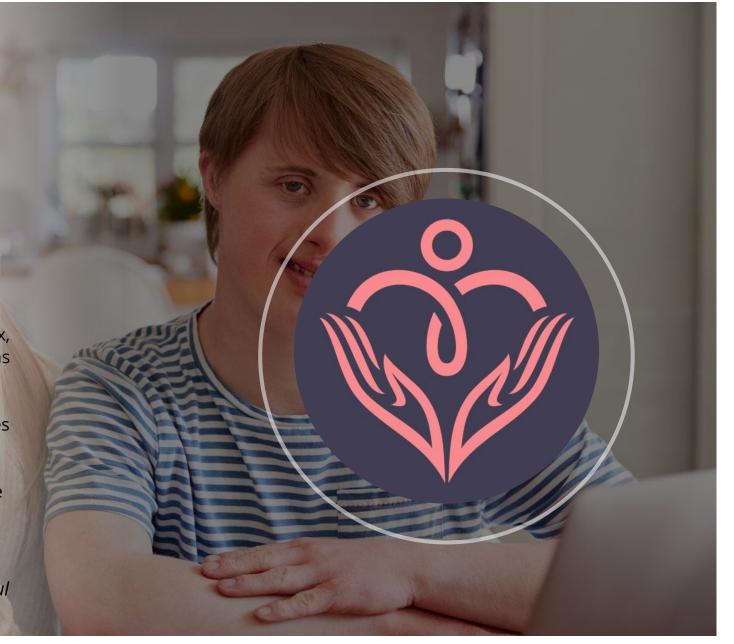


About Us

Calm Futures provides Specialist Supported Living and Outreach support to people with Learning Disabilities, Physical Disabilities and associated complex needs.

We support people over the age of 18 across Essex, Southend, Thurrock, Suffolk and Surrounding areas who are either funded via social services, through direct payments, Individual Service Fund (ISF) or independently. Everyone at Calm Futures dedicates themselves to making a real difference to the people we support, offering quality services to be proud of and providing career opportunities in the local area.

Creative Aspirational Limitless Meaningful

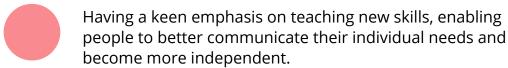




How we live our values.

All services provided by Calm Futures enable the people we support to 'live as independently as possible and to enjoy a good and meaningful life'.

Our support has 'Meaningful Lives Matter' approach – with a clear focus on supporting daily living that is no way shaped by what we can't achieve but more importantly asking the question "what's missing" that would enable me to reach my goals. We support this by



By developing a person's strengths, skills, knowledge, assets and aspirations alongside them using person-centred planning tools we can maximise both what an individual can do for themselves and what they can access from others to live a meaningful life.

Support is linked to specific outcomes that are most relevant to the person, including their health employment, connection to their community, aspects of recovery and wellbeing and relationships.



Adopting the principles of Positive Behaviour Support and Person-Centred Active Support we use a person-centred approach to design and implement care and support for people in their own environments. Our aim is to always support a journey towards independence and better outcomes for people leading to a meaningful life, based on four key values:

"Success is not final; failure is not fatal: It is the courage to continue that counts

~ Winston S. Churchill

